

# SALMON ARM NATURE BAY FORESHORE MAP

## LEGEND

- Foreshore Trail. Dogs are controlled on this trail. Refer to posted notices.
- Section of trail open all year
- Section often closed June-August (high water)
- Distance Markers from Main Gate
- SABNES Sanctuary trails and boardwalks are **CLOSED TO DOGS YEAR-ROUND**  
Trails on Christmas Island flood June-August
- Frank & Doris Kime Trail
- Route to Peter Jannink Park
- Access to SABNES/Raven Trail
- Osprey pole and nest platform
- Mudflats — flooded from June to August. When exposed, they provide valuable nutrients to shorebirds and waterfowl.
- Parking
- Toilets

## SALMON ARM BAY



# WELCOME TO SALMON ARM BAY



Enjoy the unique wildlife watching opportunities our location provides.

Early every summer, the mudflats of the Bay flood from snowmelt in the large watershed that drains into Shuswap Lake.

When exposed, these mudflats provide resting places and critical food resources for shorebirds on their spring and fall migrations.

Over the years, 282 bird species have been seen in Salmon Arm Bay and the delta of the Salmon River. As well as shorebirds, these include waterfowl, birds of prey, and many songbirds.

The Bay is also home to reptiles, amphibians, mammals, fish, and a wide diversity of insects. Pacific salmon spend the first year of their lives in the warm shallows of Shuswap Lake, including Salmon Arm Bay.

Western Painted Turtles, a species at risk in BC, frequent the shoreline here.

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## ENJOYING WILDLIFE IN SALMON ARM BAY & NATURE SANCTUARY



## DID YOU KNOW?

Salmon Arm Bay is one of the “**best birding areas in BC**”\*. It is a magnet for shorebirds, waterfowl, birds of prey, and songbirds.

Visitors come from all over the world to view the Bay’s birds!

The Bay is the last thriving nesting area in BC for the iconic Western Grebe.

It also plays a crucial role in the life cycle of **Pacific salmon**.

\*Russell Cannings, Richard Cannings. Best Places to Bird in BC. Greystone Books. 2017.

# TIPS FOR ENJOYING YOUR STAY AND HELPING WILDLIFE SURVIVE

## AT THE WHARF AND ON THE FORESHORE WALKING TRAILS:

You will enjoy observing many types of waterfowl, herons, birds of prey, and mammals such as otters or beaver. Let them forage for themselves – no feeding!

*The Salmon Arm Nature Bay Foreshore Map shows the walking trails along the foreshore.*

*Garbage bins are located at trailheads; be prepared to pack garbage out.*

*Cyclists – warn pedestrians if approaching from behind.*

Drones disturb wildlife; they are not permitted on the wharf or along the foreshore trails.



*Western Painted Turtle (Misty Bergquist)*

Female turtles come ashore in June and July to lay eggs in gravel or sand; if you see one, leave her to make her own way back to the lake.

## ON THE WATER: BOATERS, KAYAKERS, CANOEISTS, PADDLEBOARDERS, AND FISHERMEN

The white buoys on either side of the wharf mark Western Grebe nesting habitat. During nesting season, **April 15 to August 15**, stay on the lake side.



## DID YOU KNOW?

*Many species of wildlife view any dog as a predator. The smell left by a dog walking on the trail may be enough to spook a bird off its nest, or to cause a mammal to leave the area indefinitely.*

To avoid disturbing birds, especially during nesting and rearing season, stay well back when photographing them.

Never leave fishing line, weights, or other tackle in the water or anywhere birds or other wildlife could be injured.



*Killdeer, mudflats, Salmon Arm Bay (Roger Beardmore)*

## IF YOU HAVE A DOG:

Manage your pets in accordance with notices posted at trailheads.

- Some foreshore areas are off limits to all dogs, year-round.
- Some areas are closed seasonally.
- Leashes (maximum 2 metres) are required at all times.
- “Scoop the poop”; pet waste bags are provided at trail heads, as are garbage bins.



## TEACH YOUR CHILDREN THE “3 Ls”: LOOK, LEARN, LEAVE THEM ALONE!

*Western Grebes are easily disturbed from their nests, or when caring for young (Clive Bryson)*

**LOOK** from a distance: When you get too close to a nest in a kayak or on the trail, the animals or bird may leave it, making the eggs vulnerable.

**LEARN** about wildlife: Visit [www.sabnes.org](http://www.sabnes.org) or [www.shuswapnaturalists.org](http://www.shuswapnaturalists.org)

**LEAVE THEM ALONE**: Handling any wild animal or bird can cause stress or damage; our human hands can unknowingly cause harm.



## DID YOU KNOW?

*Report possibly injured or abandoned wildlife to 250-835-8802.*

*Never pick it up.*

*Have you seen a bird you would like identified? Want to learn more? Visit the friendly staff at the Brighouse Nature Centre; it's the white building at the south end of Marine Park near the washrooms.*